Weekly Practice Schedule

Week Starting:

Time Goal For Week:

Actual Time Practiced:

The Six Areas Of Focus:

- Technique (**T**)
- Fretboard Knowledge (**F**)
- Musicianship (**M**)
- Repertoire/Vocabulary (**R/V**)
- Review (**R**)
- Success Mindset (**S**)

Area Of Focus	Description Of Practice Item	Time	MON	TUE	WED	THU	FRI	SAT	SUN
		TOTALS:							

Notes: